

Local Family Resources & Social Services – Del Rio & Val Verde County 2020

Updated 6-2-2020

Organization	Address	Phone	Contact Person	Notes
Hospice VVRMC Grief & Loss Support Groups	801 N Bedell Ave Hospice of Val Verde Regional Medical Center	830-774-4580	Mary Taylor	support group on Wednesdays from 6-7pm Mary.Taylor@vvrmc.org
Community Council of South Central Texas	Val Verde Community Center 1690 Cienegas Rd	830-768-1054 830-563-9155	Robert Aguirre - County Coordinator-Kinney, Edwards & Val Verde	Aid for Utilities Mon – Thurs 9am – 3pm raguirre@ccsct.org
Val Verde Community Food Pantry	Val Verde Community Center 1690 Cienegas Rd	830-768-1054	Sandra Velez	Food Distribution/Mtg Site/ svelez@valverdecountry.org
Val Verde County Loaves & Fishes Food Pantry	400 Aguirre St.(old Cardwell Cafeteria)	830-719-0122	Gisele Lenz	Mon – Wed – Fri 9am – 12noon feeddelrio@gmail.com
Faith Mission Food & Clothing	2903 Frontera Rd.	830-834-2420 830-115-6629	Pastor Ehlers	Sat. 10 am – 12noon Church service followed by hot meal and available dry food and clothing.
West Texas Guidance & Counseling	707 E 17th St. Del Rio, TX 78840	830-256-8255 Fax 325-653-4218	Alejandra Pulido, LPC (bilingual) Kayla Nettleton, LMSW (veteran/family only)(bilingual) Norely Sorrell, LPC (bilingual)	info@wtcg.us www.wtcg.us ADHD, Anger, Anxiety / Panic, Behavioral Problems, Bipolar disorder, Career Counseling, Cognitive Behavioral Therapy for Insomnia, Cognitive Behavioral Therapy

				for Weight loss, Couples Counseling / Relationship Issues, Depression, Domestic / Family Violence, Family counseling, Grief/Loss, Group therapy, Health/Pain issues, Play therapy, Psychosis, PTSD/Abuse/Trauma/Rape, Sexual Orientation/Gender Identity/other issues, Substance use issues, Veteran/Family Program (anyone who has ever been in the military or their family is eligible)
Del Rio Housing Authority	207 N. Bedell Ave	830-774-6506	Isidro – CEO	Public Housing www.delrioaha.com requirements to be met.
Texas Health & Human Services Commission	173 Wildcat Dr.	830-774-3661	Adriana Galvan (Supervisor)	Certification for Food Stamps, (SNAP), CHIP, TANF, Medicaid, CHIPperinatal www.yourtexasbenefits.com
Texas Department of Family & Child Protective Services (CPS)	173 Wildcat Dr.	830-7745675	Lisa Jensen	Child / Family Protection Agency
Texas Health & Human Services (Formerly known as DADS)	173 Wildcat Dr	830-703-7767		Assistance to Elderly
Texas Health and Human Services /Dept of State Health Services-Public Health Reg. 8 Community Health Improvement Division	173 Wildcat Drive (Mail Code 5713)	830- 768-2800 Fax: 830-774-8683	Araceli Ramirez	araceli.ramirez@dshs.texas.gov Human Services Tech/ National Child Passenger Safety Tech/National radKIDS Instructor/ Certified Community Health Worker
Texas Health and Human Services/Department of State Health	173 Wildcat Drive (Mail Code 5713)	830- 768-2800 Fax: 830-774-8683	Jose Guerrero, RN Betzabe Hernandez, LVN	IMMUNIZATIONS

Services - IMMUNIZATIONS				
Texas Workforce Solutions	1601 Veterans blvd, Suite 1	830-774-4742	Dulce Valdez dulce.valdez@twc.state.tx.us	Vocational Rehabilitation Services
WIC – Women, Infants & Children	200 Bridge St.	830-774-8609 Fax: 830-703-5357	Karina Cienega	Nutrition for pregnant women and infants / children
New Horizons Women’s & Children Shelter	Undisclosed Location	830-775-2052 Fax: 830-775-2053	Juanita Ortiz – Program Director Mary Criswell	Domestic Violence Shelter for Women and Children
Texas Rio Grande Legal Aid	902 E. 11 th St	830-774-8300 830-774-8305 800-369-0489	Antonio D. Rodriguez – Legal Assistant	Low to No Cost Legal Aid. Call to schedule an intake appointment.
BCFS – Health and Human Services Star Program	712 E. Gibbs St. Ste 200	830-768-2755 Crisis hotline 24 hours a day - Call 830-768-2755	Delia Ramos – Community Director Carla Sanchez – Intake Coordinator Lead Case Manager – Josue Venegas Case Manager – Sylvia Gloria Case Manager – Tracy Wayne Richardson Case Manager- Peter Martinez	Free Assistance with at Risk Youth https://m.facebook.com/BCFSdelrio/ Counseling for Children, Teens & Families The Services to At-Risk Youth (STAR) program aims to reduce family conflict and prevent the problems of delinquent behaviors, runaway, truancy and child abuse by helping youths and their families learn to resolve crises and develop coping and parenting skills. STAR services are FREE to youth & families and include: •Free family, individual, and group counseling (also available in Spanish)

				<ul style="list-style-type: none"> •Crisis intervention •Education and support groups for parents and youth that include parenting skills, stress management and stranger danger •Child abuse prevention training •Short-term, emergency respite placement
BCFS – Health and Human Services Domestic Violence Program	712 E. Gibbs St. Ste 200	830-768-2755 Crisis & domestic violence hotline 24 hours a day - Call 830-768-2755	Delia Ramos – Community Director Carla Sanchez – Intake Coordinator DV Family Violence Specialist – Claudia Lopez-CJD DV Family Advocate – Maria De la Cruz -SNRP DV Family Advocate- Alma Torres-SNRP DV Family Advocate-Alida Helgerman-Nuevos Destinos DV Family Advocate- Maria Navejar- Nuevos Destinos https://m.facebook.com/BCFSdelrio/	Del Rio Domestic Violence Program (DRDV) Free services - Domestic Violence/ Teen Dating/ Crime Victims Compensation/ Sexual Assaults The domestic violence prevention program in Del Rio, Texas provides safety, support and resources to victims of domestic violence. DRDV promotes violence-free relationships and community awareness through collaboration, public information, education and advocacy. <ul style="list-style-type: none"> •Access to emergency medical care •Intervention/safety planning •Legal assistance in civil and criminal cases •Face-to-face services for victims •Referral system to existing community resources within the county •Education for and collaboration with law enforcement and community agencies •Community awareness through local media, newsletters, and events
BCFS – Health and Human Services Domestic Violence Program Support Groups	712 E. Gibbs St. Ste 200	830-768-2755	Delia Ramos – Community Director Carla Sanchez – Intake Coordinator DV Family Violence Specialist – Claudia Lopez	Free Support Groups every 1st and 3rd Wednesday of the Month from 1-2:30pm. Crisis & domestic violence hotline 24 hours a day - Call 830-768-2755

Self-defense classes and personal safety courses. Lookout for pre-registration early January – Mid February.	BCFS – Health and Human Services Domestic Violence Program 712 E. Gibbs St. Ste 200	830-768-2755	Delia Ramos – Community Director Carla Sanchez – Intake Coordinator DV Family Violence Specialist – Claudia Lopez DV Family Advocate – Maria De la Cruz DV Family Advocate- Alma Torres	FREE Self-defense classes Self-defense classes and personal safety courses are offered by the DRDV program to females between the ages of 10 and up once a year. The classes usually take place during Dating Violence Month, and sometime around the local schools' prom nights. Hector Cruz - Shidoshi (teacher) (11th Shihan) Bujinkan Martial Arts: Ninpo Kobudo Taijutsu leads the classes free of charge.
TEXAS VETERANS COMMISSION	1601 Veterans Blvd. Suite #1	830-306-4019	Janice Casillas Rural Veterans Career Advisor	
Consulate of Guatemala	106 Foster Dr., Suite A	830-422-2201 830-422-2230	Alisa Castaneda Administrative Assistant consdelrio@minex.gob.gt	
Val Verde Sexual Assault Response Team (SART)		830-768-2755	County Coordinators – Claudia Lopez cl3215@bcfs.net Capt Bill Rattay wrattay@cityofdelrio.com	Law Enforcement – VVRMC – QUAD- BCFS
Middle Rio Grande Texas Work Force	1601 Veterans Blvd. Suite #1	830-774-4741 800-939-6631	Ofelia Reyes Center Manager	Texas Unemployment Office http://www.twc.state.tx.us/
Social Security Administration	Val Verde Community Center 1690 Cienegas Rd	830-768-1054	Sandra Velez	1-877-701-3151

QUAD County Council Alcohol & Drug Abuse	1401 Las Vacas St.	830-774-7411	Oscar Sagace- CEO	Substance Abuse Prevention and Intervention,
Youth & Family Empowerment Program	1401 Las Vacas St.	830-774-7411	Oscar Sagace – Program Director	
Promotora Program	1401 Las Vacas St.	830-774-7411		Assistance with any Health & Human Service Commission Application (SNAP (food stamps), Medicaid, TANF, CHIP, CHIPperinatal)
Youth Prevention Universal (YPU) Program	401 W. Cantu Rd. Ste F.	830-422-2231	Krystal Lopez Krystal.Lopez@scan-inc.org	Prevention services geared to 8-12 yr olds (Big group session)
Youth Prevention Indicated (YPI) Program	401 W. Cantu Rd. Ste F.	830-422-2231	Carla Cienega Carla.Cienega@scan-inc.org	One on One Counseling and Groups
Youth Prevention Selective (YPS) Program	401 W. Cantu Rd. Ste F.	830-422-2231	Jacob Lozano Jacob.Lozano@scan-inc.org	Counseling for kids potentially at risk ages 6-14 yrs
VVRMC Heritage Program	801 N Bedell Ave	830-778-3629	Jaime Ortiz	Mental Health Outpatient , Psychiatric Evaluations
San Felipe Lions Club	100 Lions Ave	830-775-9413	Robert Castillo	Student Eye Glasses and Scholarship Opportunities
Del Rio Host Lions Host Club		830-774-2296	Ken Sievers	Student Eye Glasses and Scholarship Opportunities
Del Rio Police Department	101 Lowe Dr.	830-734-3416	Chief Fred Knoll	Jackets and Coats
Jesus Loves You Church	310 Waters St.	830		Assistance with Utilities and Medications
Sacred Heart Church	307 E. Losoya St	830-775-2143		Assistance with Utilities and Medications
Our Lady of Guadalupe	509 W. Garza St	830-775-3713	Deacon Padilla	Assistance with Utilities and Medications

		830-775-2178		
St. Joseph Catholic Church	510 Wernett	830-775-4753	Cristina Vargas	Assistance with Utilities and Medications Food – Tuesdays only
First Baptist Church	310 Ave G.	830-775-7463	Pastor Rodriguez	
Hill Country Mental Health	1927 N. Bedell Ave	830-774-8702 Crisis Hotline 877-466-0660	Rachel Cedillo	Services for adults and children, Intakes Tues- Thurs 8am – 3pm
Hill Country Mental Retardation (IDD)	1927 N. Bedell Ave	830-775-3303		Providing mental health, individual developmental disability, substance abuse, and early childhood intervention services throughout the greater Texas Hill Country.
Autism Speaks		224-554 - 9634	Patrica Ostrow patricia.ostrow@theautismtherapygroup.com http://www.theautismtherapygroup.com	Autism Therapy Group specializes in providing Applied Behavior Analysis (ABA) therapy in home and community environments.
Airman and Family Readiness Center	548 Laughlin Dr	830-298-5620		Uniformed personnel, families, retirees, widowers, widowers, LAFB community members
Community Support Coordinator	561 Liberty Dr, Bldg 344 – LAFB	830-298-9344		
Bargain Box	106 W. Greenwood St	830-775-9368		Open Wed – 9am – 2pm & Sat 9am – 3pm Discount clothing House Hold Items
Bethel Center	900 E 13 th St	830-775-1610	Luz Covarrubias	Tues – Fri 3pm – 6pm – Sat 10 am – 3pm

				Clothing assistance, furniture, utilities and medications
Wesley Nurse Ministry	First United Methodist Church 100 Spring St	830-775-1541	Marti Faulkner, RN Wesley Nurse Mfaulkner@mhm.org www.mhm.org	Case Management Support
United Medical Center	913 S. Main St San Felipe Clinic 1117 W. De La Rosa St San Felipe Dental Clinic 1117 W. De La Rosa St. Bedell Ave. Clinic 2209 N. Bedell Ave.	830-774-4363 830) 768-4800 (830) 774-1700 (830) 775-1272	Lydia Olvera (Clinic Manager)	Family Medicine Pharmacy Dental Laboratory
Salvation Army / Homeless Shelter	515 W. Elmira San Antonio, Texas	210-352-2046		Daily intake 2-10pm and weekend intake anytime.
Mc Kinney Vento	902 Cantu Rd – Annex II	830-778-4153	Aida Gomez	Families in Transition – Homeless – Foster – Unaccompanied Youth
SFDRICSD Student & Family Support Services	900 Cantu Rd – Annex I	830-778-4185	Frenchy McCrea, Norma and Mandy	Student School Registration and Transcripts
Area Agency on Aging –AAA	307 W. Nopal St. Carrizo Springs, Texas	830-876-3533	Gloria Perez, Director	Serving individuals age 60 and older. Staff is certified to provide information regarding many issues including Medicare/Medicaid, Nursing Home Residents Rights, and much more
Amistad Pregnancy Care Center	104 Rear Fletcher Dr.	830-775-8076		www.delriopregnancyhelp.com opens daily 5-7pm

American Red Cross	129 Foster Dr	830-775-8626 800-928-4271	Josue Romero	Disaster relief and assistance
Early Childhood Intervention (ECI)	132 Foster Dr.	830-774-7756	Lena Bermea – ECI- Supervisor lena.bermea@esc15.net	Developmental delays or disabilities – birth to 3 yrs
Bass Club		830-488-3425	Robert Robles	Scholarship & Other
HOPE CRCG		830-768-2755	Delia Ramos - Chariman	Resources provided for basic needs and emergency assistance
American GI Forum	411 E Morin St	830-422-5316	Joe & Tina Martinez	Scholarship and other assistance
Nutrition & Social Service for the Elderly	1105 W. De La Rosa	830-774-8670	Josie Balderas - Director	Services provided by the Nutrition & Social Services for the Elderly are <ul style="list-style-type: none"> •Lunch in a group setting or home - delivered, five days a week •Free transportation services to area doctors, outpatient clinics, attorneys, hospitals, service agencies, and other essential destinations
Val Verde Cancer Task Force		830-488-5886	Claudia Lopez - Chair	Emergency assistance to survivors. Screenings and support groups
Diabetes Task Force	First United Methodist Church 100 Spring St	830-775-1541	Marti Faulkner, RN Wesley Nurse Mfaulkner@mhm.org www.mhm.org	Meet last Monday of the month at 12noon at First United Methodist Church
Mexican Consulate	2207 N Bedell Ave	830- 775-2352	Consul Jose Diaz Miron	Consular Protection, Community, Documentation, Empowerment

Sex Offender Registry			The list of registered sex offenders living within the City of Del Rio can be seen by using the Texas Department of Public Safety, Crime Records Service. This site will provide the names and addresses of registered sex offenders in our area.	http://www.cityofdelrio.com/525/Sex-Offender-List
City of Del Rio Transportation	100 Ogden	830-774-8690 Fax: 830-774-8697	Elsa Reyes Fixed Route Monday-Saturday 8:00am-5:00pm For Appointment:830-774-8690* *call before 3pm for next day service.	Demand Response Monday - Saturday (MEDICAL)4:30am-6:00pm (PUBLIC)6:00am-6:00pm
VVSOS	295 FM 2523	830-774-7513	Sherriff – Joe Frank Martinez	Holiday assistance to needy
Val Verde County Child Welfare Board			Krystal Lopez	The Val Verde County Child Welfare Board is a non-profit organization dedicated to provide basic essentials for children who are in immediate help.
Niños Navideños		830-422-0373	Claudio Sotelo, President , Juanita Ortiz, Linda Corbell, Alida Helgerman, Claudia Lopez	Annual toy distribution event at the Del Rio Civic Center during December
Ethel Hernandez Counseling & Therapy	401 W Cantu Suite C	830- 469-4882	Ethel Hernandez Licensed Professional Counselor, MEd, NCC, LPC	
Pediatric Mental Health Counselor	108 Page Dr.	830-778-3629	Lyndsee Cooper, MA, LPC	lcoope01@vvrnc.org
Amistad Down Syndrome Association of Del Rio			Sonya Vasquez, Dora Mendoza, Mari Mijares	adsadrtx@gmail.com amistad.delrio@facebook.com
Convent House	Runaway Hotline	800-999-9999	24 hour Assistance	www.conventhouse.org
National Runaway Switchboard	Runaway Hotline	800-621-4000	24 hour Assistance	www.nrccrisisline.org
National Network for Youth	Child / Youth Assistance	202-738-7949	24 hour Assistance	www.nn4youth.org

Stand Up for Kids	Child / Youth Assistance	800-365-4KID	24 hour Assistance	www.standupforkids.org
Child Help	Child / Youth Assistance	800-422-4453	24 hour Assistance	www.childhelp.org
Mental Health Crisis Hotline Tx Dept of State Health	Mental Health Issues/ Suicide Prevention	800-621-1693	24 hour Assistance	
National Suicide Prevention Lifeline	Suicide Prevention	800-273-8255	24 hour Assistance	
Teenline Online	Help Line, Forums, Crisis Hotlines, Free Support Services	800-843-5200	24 hour Assistance	www.teenlineonline.org
Queens for a Cause		830-488-5886	Claudia Lopez	Holiday support, gifts, food etc.. claudia.lopez304@gmail.com
Southwest Texas Regional Back to School Health Fair's		817-597-0184	S. Young swregionalbtshf@gmail.com Héctor M. Guerra Sr. Director	School supplies, services and more. Fair is Free to the public and is always held the 1 st Friday of August.
Marriage Counseling Therapists Amistad Therapy Center	501 W Cantu Rd Suite 400	830-774-4447	Kent Slayton Counselor, MA, LPC	
Child Care Provider Services	1601 Veterans Blvd. Suite #1	830-774-4741		Child Care Services – Enroll at office
SAPR Sexual Assault Prevention & Response		24/7 830-298-7272 830-298-4545	Mersadies Devlin, GS-12, USAF 47 FTW Sexual Assault Response Coordinator Laughlin AFB, Texas (830) 298-4545	Support for military
Office of Attorney General		800-252-8014	www.oag.state.tx.us	Establishment and enforcement of child support orders.
People Ready	807 Veterans Blvd Apt A	830-768-3822	Cecilia Villarreal – Branch Manager 8032-BR@peopleready.com	People Ready is the leading provider of temporary employees to jobs in

				construction, manufacturing, warehousing, retail, events and hospitality, waste and recycling, transportation, agriculture and more.
Safe Kids Val Verde	801 N. Bedell Ave.	830-778-3632	Kiki Luna Kiki.luna@vvrmc.org	This coalition implements evidence-based programs, such as car-seat checkups, safety workshops and sports clinics, that help parents and caregivers prevent childhood injuries.
La Vida Serena Nursing & Rehabilitation	711 Kings Way	830-774-0698	Lisa Flores	www.lavidaserenanursing.com
VVRMC Crisis Care Team	801 N. Bedell Ave	830-778-3719	Judith Morales, BSN, RN Clinic Nurse Manager/SANE Coordinator Val Verde Regional Medical Center Rural Health Clinic 1801 Bedell Ave Del Rio, TX 78840 RHC: (830) 768-9210, ext. 4210 SANE: (830) 778-3719, ext 3719	Emergency Medical Response for Sexual Assault & Sexual Abuse- Men/Women/Children
Health and Human Services/ Adult Medicaid	173 Wildcat Dr.	830-774-3661		Certification for Adult Medicaid.
Val Verde Self Help Center	97 Fm 2523 Hamilton Rd.	830) 774-0892		Food Distribution/ Tools for Colonia residents, etc.
Feast of Sharing	Civic Center		Hosted by HEB – Janie Garcia Store Director Event Chair – Art Treviño	Usually held the 2 nd Saturday of November. Dinner is served in the Pecan and Entertainment is held in the Red Oak. Free family oriented feast and celebration.
Crime Victims Compensation	Val Verde Sherriff's Office	830-774-7513	Crystal De Luna cdeluna@valverdecountry.texas.gov	The Crime Victims' Compensation program is available to assist victims of violent crime with expenses associated with the crime.
Investigator / Forensic interviewer	Val Verde Sherriff Office		Gina Garcia ggarcia@valverdesherriff.com	

Crime Victims Compensation	BCFS	830-768-2755	Delia Ramos – Director, Claudia Lopez – Family Violence Specialist/ SART Coordinator, Mr. Wayne – Family Violence Advocate	The Crime Victims' Compensation program is available to assist victims of violent crime with expenses associated with the crime.
Val Verde County Emergency Management	400 Pecan St.	830-703-0043	Rowland Garza Emergency Mgmt. Coordinator	Provides a comprehensive approach and integrated emergency management system that coordinates with community resources to protect lives, property and the environment.
BFCU VITA (Volunteer Income Tax Assistance Program)	600 East Gibbs	(830) 778-7676/7677	Gina G. Perez-McNeal, CUDE 14 Director of Financial Education HUD Certified Housing Counselor	Free Income Tax Preparation Jan 15 – April 15 Income limits apply please inquire at above phone number
BFCU Financial Counseling	600 East Gibbs	(830) 778-7676/7677	Gina G. Perez-McNeal, CUDE 14 Director of Financial Education HUD Certified Housing Counselor	Free 1-1 Financial Counseling (Budgeting, Dept Management, Credit, home purchase, etc)Free Financial Education
FBC Del Rio, Texas Centershot Archery Program	301 Ave G	830-775-7463	Pastor Jesse Rodriguez Office Manager – Mary Jones office@fbcdelrio.com website: fbcdelrio.com	Wednesday s- Kids K-6th grade, join us for dinner and archery tonight! Dinner starts at 6:00 and is free for kids and \$5 for adults. Call (830) 775-7463 for more info!
Kaiser Eye Care in collaboration with SF Lions	106 Miers St # A	(830) 775-6567	Karina Macedo	The Lions offer free eye exams and glasses for families without insurance. Those that are in need. Please call and ask to speak to Karina for a quick intake and appointment.
FBC- Merrily Mature	301 Avenue G	830-775-7463	Office Manager – Mary Jones office@fbcdelrio.com website: fbcdelrio.com	Elderly social interaction activities that include board games, cards, dominos, etc. Mondays – 1:00-4:00 p.m.
FBC - Community Group Bible Study	301 Avenue G	830-775-7463	Office Manager – Mary Jones office@fbcdelrio.com website: fbcdelrio.com	Sunday Services Sunday School -9:45-10:30 a.m. Service – 11:00 a.m.-12:00 p.m. Community Group Bible Study – 6:00 – 8:00 p.m
JRL Consulting “Live Be Happy” Organizational/Family		830-719-8311	M.Ed. Jesus Ramon Losoya jrlcoaching@gmail.com	Family Consultant / Coach, Professional Counselor Specialized in Children & Youth

Consultant Coach, Insurance Agent				Engagement. Child, Adolescent & Family Services
Volunteerism - Presidential Service Award		830-488-5886	Claudia Lopez – Volunteer Coordinator Claudia.lopez304@gmail.com	Certifying organization- Volunteer coordinator. Students and organizations interested in the service award or just volunteer hours.
JRL Consulting “Live & Be Happy” Family Center		830-719-8311	M.Ed Jesus Ramon Losoya jrlcoaching@gmail.com www.jrlconsulting.net	Family consultant and coach, professional counselor, specialized in children and youth engagement, child, adolescent and family services.
Sul Ross RGC Counseling Services	205 Wildcat Drive Del Rio, Texas 78840	(210) 253-0884	Email: rgccounselors@sulross.edu	
Laughlin AFB Med Group			Call the Nurse Advice Line 1-800-TRICARE Members are TRIAGED (telephonically) and obtain appointment and medical advice via that service Web-based Telemed Counseling Available	
Val Verde County Mental Health	906 E. 11st Del Rio, Texas 78840	(830) 774-8702		